



Counseling on Orderly Traffic from an Early Age for PAUD Shalsabila Education Pekanbaru Students

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Abstract

Pekanbaru City is a metropolitan city with a very dense traffic volume with a low level of discipline for road users. Violations of traffic signs often occur and a sense of care to comply with traffic regulations is still low, accidents often occur. As a result of undisciplined road users, it creates anxiety and worries about accidents. For this reason, it is necessary to conduct traffic safety education. Traffic counseling should be taught from an early age, where children are able to provide an understanding of good behavior in order to form a disciplined child character. The teaching method is adjusted to the age where the Shalsabila PAUD children are aged 2.5 - 5 years which is included in the category of Toddler and preschool age. The method used is made fun by telling stories, singing and playing. So they are very enthusiastic and happy. Most preschoolers begin to understand and can distinguish what can be done and what can't be done.

Keyword: orderly traffic, early age, discipline

1. Introduction

According to the World Health Organization, traffic accidents in Indonesia are the third largest cause of death after coronary heart disease and tuberculosis (TB). Road traffic accidents are the leading cause of death among young people, aged 15 to 29 years, and 73% are men[1]. Road traffic accidents kill 1.25 million people every year and injure up to 50 million people, making them the ninth leading cause of death in the world (WHO, 2015). Unless urgent action is taken, the World Health Organization predicts road traffic deaths will be the seventh killer in the world by 2030 (WHO, 2014)[2]

Road traffic accidents are a global problem resulting in death, physical injury, psychological problems and financial losses. These financial losses have immediate and long-term consequences on victims and their families[3]. Traffic accidents involving students are quite high. Many students who drive motorized vehicles do not comply with traffic rules, resulting in traffic accidents. The accident can be fatal for himself or for others. Drivers who violate traffic rules are the biggest cause of accidents [1].

The growth of vehicles is not accompanied by public awareness of orderly traffic which causes high accidents every year [4]. People tend to be more selfish than the public interest in using transportation infrastructure and facilities often do not care about traffic rules and lack of discipline in traffic, this is due to the lack of public knowledge about the importance of obeying traffic rules [5].

Lack of public awareness of traffic order is a national problem that forces the government to issue policies to reduce accidents [6]. The introduction of traffic safety education is expected to improve road safety. And reduce the accident rate [7]. Legal awareness in traffic needs to be instilled in order to create an orderly and safe traffic so that the number of accidents can be minimized [8].

The level of understanding that is not mature at a child's age is very risky and affect accident matters. Many road users do not comply with traffic regulations properly which creates very bad and worrying traffic habits. Counseling efforts by providing education are expected to reduce the accident rate [9].

The best way to discipline a child is to start at an early age. Discipline is guiding and teaching children how to behave. Counseling on traffic rules from an early age helps children learn discipline, behave well and keep them safe. Children learn to understand the negative effects if not disciplined can harm themselves and have a bad impact and harm others.

Counseling on the orderly traffic to children from an early age needs to be done because it can instill the value of discipline. Good habits about discipline should start from a young age. If from a young age they have understood the importance of traffic discipline, later if they are allowed to bring their vehicle they will be disciplined and obey the applicable rules.

Traffic behavior is a form of a person's responsible attitude towards the rules or norms that apply on the highway as a manifestation of individual awareness which is a learning process from his social environment so that disciplinary behavior can create a safe, smooth and controlled traffic atmosphere [10].

2. Materials and Method

Many road users' behavior often violates traffic signs that are often encountered. This counseling also provides an understanding and observes the responses of the children who are very enthusiastic. explanation in the form of stories children are invited to sing together. To find out that the material has been well absorbed, the children are given questions and don't forget to give praise and prizes for those who can answer. Giving puzzle toys for traffic signs can improve children's brain development. Pre-school age children are easier to receive education in the form of games with a fun atmosphere.

Activities are carried out in the form of, among others:

- Shows posters of various kinds of traffic signs.
- Video playback of traffic rules and road signs.
- Counseling on traffic order

3. Results and Discussion

PAUD Shalsabila Education Pekanbaru is a private educational institution for pre-kindergarten children. This institution has been officially established since 2012 and the establishment decree is 551.21/Bid PLS.1/XII/2012 and has been accredited B. It has a national school principal number (NPSN) 69861845, and an accreditation decree number 197/BAN PAUD AND PNF/AKR/ 2019 dated December 6, 2019. This PAUD is located at Jalan Melati Perum Athaya 1 Blok E 07, Simpang Baru Village, Tampan District, Pekanbaru City, Riau Province. Has four (4) teachers and one (1) principal. The number of students recorded is 25 people. This institution is also an inclusive PAUD, which has students with special needs. In the implementation of learning, PAUD Shalsabila applies the 2013 curriculum.



Figure 1. PAUD Shalsabila Education Pekanbaru

The problem of the high number of traffic accidents, one of which is caused by a lack of traffic discipline, will try to be overcome by providing counseling to children from an early age.

The material is given by means of Fun Learning or learning while playing. The materials provided are as follows:

- a) Introduction of signs with props made of light wood material that children can hold. The material is delivered in a fun way, by telling stories and singing to develop children's imagination
- b) Evaluation of the material by asking questions to train children's concentration and grasping power, those who can answer are given small prizes to increase their enthusiasm for learning.
- c) Creating an atmosphere of intimacy and fun for students while learning.

This activity was well received by the teachers and students of Paud Shalsabila. They listen carefully and enthusiastically to the material given. The material is in the form of interesting animations and the introduction of traffic signs that are adapted to their age. The introduction of traffic signs at an early age is very important to train children's discipline and knowledge because signs are very often found on the streets of Pekanbaru city as one of the big cities in Indonesia.



Figure 2. Traffic order socialization activities

4. Conclusion

The implementation of the socialization went well, the students could understand traffic signs. At an early age it is appropriate to be introduced to traffic signs. PAUD Shalsabila students are aged between 2.5 and 5 years. For evaluation, students are given questions and given door prizes when they can answer questions. They are very enthusiastic to answer the questions given. There is also a game of compiling traffic signs puzzles for playing and training the brain.

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